**LISMORE – CORONAVIRUS (COVID19) EMERGENCY**

**Please DO NOT travel to the mainland unless your trip is ABSOLUTELY ESSENTIAL**

**STAY AT HOME**

**Please:**

**THINK TWICE before leaving your home**

**THINK TWICE AGAIN before getting into a vehicle**

**THINK TWICE MORE before leaving the island**

Ask yourself: "Is the risk of returning with the virus, worth it?"

**We are doing our best to PREVENT the virus entering the island**

**But we need everyone to play their part.**

**Please – stop and think!**

* **Do I need to travel to the mainland, is my trip really necessary?**
* **Can I collect goods for my neighbours to cut down the amount of travel needed?**
* **Can my business on the mainland wait, can anything be done by phone or online?**
* **Can I source what I need here on the island – from the shop, other island businesses or neighbours?**

**The next few weeks will be crucial in stopping the spread of the virus and trying to smooth the peak of cases so that the NHS can cope. Access to health services here is limited and if you fall ill you may need to be cared for in the community if the NHS becomes extremely busy, even if you become very ill**

**Lismore’s Emergency Response Group is planning for all eventualities and is here to help you to stay safe and well**

**Please check our information on what is being done, how you can volunteer to help, how we can help you and who to contact**

**Lismore Community Council Emergency Response Group 26/03/2020**